

The Feast Luton

Autumn 2025 Newsletter



TALKING
FAITH
MAKING
FRIENDS
CHANGING
LIVES

*The aim of this newsletter is to give you a snapshot of what is happening with The Feast in **Luton**. Please feel free to share this with your friends or family or people you think might be interested.*

The summer saw us bringing together young people from different faiths, ethnic heritages, and cultures for lots of fun (– it was the summer holidays after all!)! Thanks to funding from The Wixamtree Trust and Tesco, we went to the seaside, did Aquasplashing, paddleboarding and minigolfing ... but we also had meaningful dialogue.

We used pictures to talk about how we experienced our connection with God. We asked young people to express their views in response to statements such as 'Social media does more harm than good'. We asked young people to write their own 'big questions' (such as "Why do people get away with doing bad things?") and invited them to share with each other what they believed about those big questions. And of course we used our Feast Dialogue cards to spark discussion.

The young people enjoy the dialogue part of our encounters. Framed by our guidelines for dialogue, discussions remain constructive and enjoyable. Friendships deepened as the young people found out more about each other's beliefs and learnt to appreciate those.

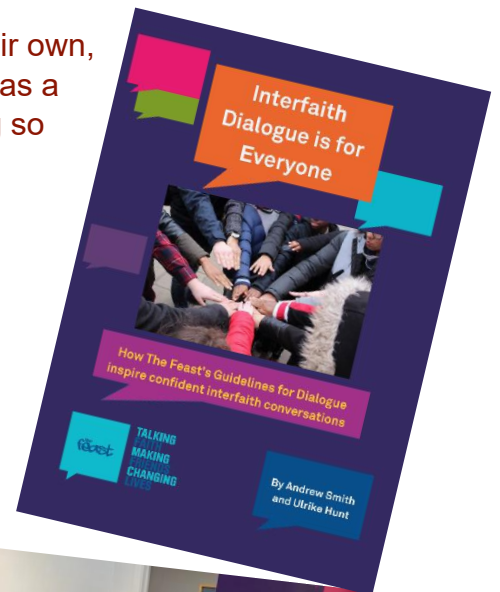
We look forward to various encounters over the autumn where the young people can continue their dialogue.



Luton Listens

We had the privilege of working together with Groundswell to host a community conversations dinner. We called it Luton Listens, as the point was to encourage participants to listen to each other's stories rather than to use it as a platform to promote their own views, and where participants were encouraged not to express outright disagreement but rather to explain their point of view for what it is.

Over dinner, participants talked with each other about heritage – their own, but also Luton's. Participants very much enjoyed the event. There was a general feeling that we must do more of this in Luton, and that doing so would greatly amplify social cohesion and respect for one another's communities. Watch this space!



New Resources!

Our guidelines for dialogue are the foundation for all dialogue activities that we host. We are very proud to have launched a book this summer, packed with stories of how these simple guidelines transform conversations.

We also have a card game, packed with questions that can spark a good dialogue.



Would you support us?

We are acutely conscious that the need to equip people (not just young people) for real dialogue, is vital. The dialogue which we foster gives space at the table for all voices, whether we find them offensive or not. The need for creating spaces for people from different 'camps' to meet and to talk openly and constructively with each other, and helping people learn how to do that effectively, is not going away.

If you see the value in what we are doing with young people, would you consider supporting us financially? Unrestricted funding (i.e. funding that is not tied to a particular project) enables us to do so much more. It enables us to be innovative. And it enables us to reach more young people. It enables us to keep going, when we get rejected from funding applications.

The Feast Luton

Ulrike Hunt – Luton Development Manager: 07833 146155 ulrike@thefeast.org.uk

www.thefeast.org.uk [f thefeastproject](https://www.facebook.com/thefeastproject) | [youtube.com/thefeastproject](https://www.youtube.com/thefeastproject) [thefeastyouthproject](https://www.instagram.com/thefeastyouthproject)