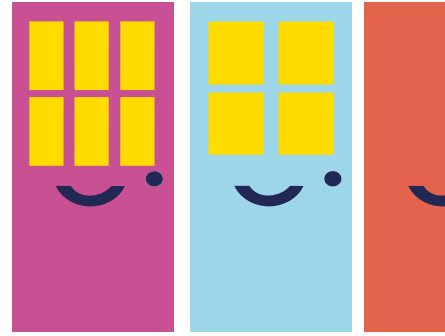


Compassionate Neighbours



What is Compassionate Neighbours?

- A community led project that enables local people to make a difference when it matters the most.
- We are committed to the community with an ambition to live in a community where everyone is prepared to help.
- We are all volunteers.

What can Compassionate Neighbours do?

- Offer companionship through weekly one-hour visits for palliative or life limited adults in Luton.
- Improve social and emotional wellbeing.
- Help develop organic friendships.
- Support physical activity.
- Reduce loneliness and isolation.

How do I request a Compassionate Neighbour?

If you are an Adult (18+) living in Luton with a palliative or physical life limiting condition you can nominate yourself or be nominated by someone who knows you. This could be a health or social care professional, a social prescriber/link worker, a voluntary, faith or statutory organisation worker.

Once a nomination is made, we will be in touch to make sure we have a clear understanding of your wants and needs are to match you with someone local to you who shares your interests.

How do I become a Compassionate Neighbour?

Get in touch with us via email volunteering@keech.org.uk or **scan the QR code** to book onto our free training.



For an informal chat please contact our
Compassionate Neighbour Co-ordinator:

☎ 01582 497653 ext. 6530

✉ cnc@keech.org.uk