

Interactive PTSD and PTG training suitable for organisations, leaders, practitioners and groups

Workshop 1 :

What does PTSD look like?

Workshop 2 :

How does PTG work?

Workshop 3 :

What can we do to facilitate PTG?

'It was all great - a good balance of science, experience, faith stuff. Really informative. I have a better understanding of PTSD and what survivors need for PTG.'

Learning Objectives:

1. understand the impact of abuse on the whole person
2. be aware of how survivors experience life
3. appreciate the opportunities to facilitate a PTG journey
4. know how to appropriately support survivors on this journey

Programme: Friday 6-7.30 Overview - Where does God fit in with Trauma?

Saturday 9am - 3pm

09.00 Coffee, Tea and cakes	12.00 Questions
09.30 Workshop 1	12.45 Lunch (please bring)
10.30 Questions	13.30 Workshop 3
10.45 Break	14.30 Questions
11.00 Workshop 2	15.00 Depart

PLEASE BOOK YOUR SEAT before the 27th October so that we know how many to cater for

Champions of Change

Facilitating a Journey of Post Traumatic Growth (PTG)

'Absolutely brilliant training. Informed, passionate, interactive. I learnt so much - many new things. Thank you'

FRIDAY 10th November, 2023, 6.00-7.30pm

SATURDAY 11th November, 2023

9.00 for coffee & cakes
at Hope Church, Villa Road, Luton, LU2 7NT

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and Team

In Association with
YWAM and Hope
Church, Luton

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